

BEHAVIORAL HEALTH SCREENING AND ASSESSMENT TOOLS FOR PRIMARY CARE

Community First Health Plans understands the important role our Primary Care Physicians have in addressing medical and behavioral health needs with our Members. As part of our intent to embrace the “medical home” concept and adhere to the U.S. Preventive Services Task Force (USPSTF) recommendations to assess mental health, the following table provides information that can assist you and your team:

Psychosocial Measure	Tools and Descriptions	Number of Items and Format	Age Group	Administration and Scoring Time	Properties	Cultural Considerations	Cost and Developer
Mental Health Update and Surveillance	Bright Futures Surveillance Questions	Unlimited	0 to 21 years	Variable	Open-ended questions that invite participatory care. No psychometric properties reported.	Any language	AAP/MCHB Freely accessible
	Bright Futures Previsit and Supplemental Questionnaires	Variable	0 to 21 years	Variable	Yes/No questions that invite participatory care and help elicit areas for further counseling. No psychometric properties reported.	English	AAP/MCHB Freely accessible
SCREENING FOR RISK FACTORS							
Parent/Family Screening	PHQ-9 (Patient Health Questionnaire-9) 2-4 Screens adults for depression.	9 items Parent self-report	Adult	<5 min to administer scoring: <3 min	Excellent internal reliability and test-retest reliability. Cutoff score of 10 or more Sensitivity: 88% for major depression Specificity: 88% for major depression	Not validated in languages other than English	Freely accessible
	PHQ-2b (first 2 items from PHQ-9) 5,6 Screens adults for depression.	2 items Parent self-report	Adult	1 min	Overall Sensitivity: 83% to 87% Specificity: 78% to 92% PPV: not available	Not validated in languages other than English	Freely accessible