



Community First Health Plans has adopted the following Behavioral Health Clinical Practice Guidelines

(Reviewed/Updated February 2021)

TYPE OF GUIDANCE	ORIGINAL DATE ADOPTED	SCIENTIFIC SOURCE UPON WHICH GUIDELINE IS BASED	DATE OF GUIDELINE UPDATE BY SCIENTIFIC SOURCE	TYPE OF GUIDELINE	AGE RANGE OF GUIDELINE
Alcohol Use Disorder	2020	The American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines	2018	Behavioral Health	Adult
Anxiety	2020	Anxiety and Depression Association of America, Generalized Anxiety Disorder https://adaa.org/resources-professionals/practice-guidelines-gad	2015	Behavioral Health	Adult/Pediatric
Attention Deficit Hyperactivity Disorder	2002	American Academy of Pediatrics - ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents https://pediatrics.aappublications.org/content/128/5/1007	2019	Behavioral Health	Pediatric
Bipolar Disorder	2020	American Psychiatric Association, Practice Guideline for the Treatment of Patients with Bipolar Disorder, Second Edition https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf	2010	Behavioral Health	Adult/Pediatric
Child Abuse and Neglect	2020	National Institute for Health and Care Excellence – Child Abuse and Neglect Guideline https://www.nice.org.uk/guidance/ng76/chapter/Recommendations	2017	Medical	Pediatric

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Depression	2005	Management of Major Depressive Disorder: VA/DOD https://www.healthquality.va.gov/guidelines/mh/mdd	2016	Behavioral Health	Adult
Schizophrenia	2020	The American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Schizophrenia https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines	2019	Behavioral Health	Adult