

Ready. Set. Grow.

Your physical, mental, and spiritual health are all important. But what about your financial health? When you gain control of your finances, you are benefiting your overall health including diminished stress, more security, and an increase in self-confidence and self-worth.



It's time to tell your money where to go, instead of wondering where it went.

We've partnered with Credit Human to offer a series of virtual financial wellness classes for Community First Members. Take the first step to financial control by signing up for one or all of the free virtual classes below.



Understanding & Planning for Financial Health - Learn why financial health matters, the impact of financial stress, and helpful financial planning tools.

» October 29, 2021: 12-1 p.m.



Understanding Debt & Thoughtful Spending - Learn about debt-to-income ratio, interest, and the implications of borrowing.

» January 12, 2022: 12-1 p.m.



Spending Plan Workshop - Learn how to create a savings plan and how to track it using universal budgeting tools.

» November 10, 2021: 12-1 p.m.



Understanding & Building Credit - Learn about the credit system, what makes up a credit score, and tips for improving yours.

» February 9, 2022: 12-1 p.m.



Planning for Saving & Spending - Learn about behaviors that block your savings plans, differences in spending techniques, and the impact of spending now vs. spending later.

» December 8, 2021: 12-1 p.m.



Intro to Home Buying - Learn about the home buying process, including making the decision to buy, lenders and loan types, and the closing process.

» March 9, 2022: 12-1 p.m.

Financial Wellness can be achieved. Learn about it and then work for it.

To register for a Financial Wellness class:

- Visit CommunityFirstHealthPlans.com/Financial-Wellness and complete the online registration form.
- Register at least three days before the class is scheduled to begin.

You will receive a link via email to attend the class(es) of your choice virtually.