



COMMUNITY FIRST

HEALTH PLANS

EMPOWERING PATHWAYS

Maternal Scholarship Program

In partnership with:





STRONG MOTHERS,
STRONG FAMILIES.

STRONG FAMILIES,
A STRONGER COMMUNITY.

A STRONGER COMMUNITY,
**A BETTER FUTURE
FOR YOUR CHILD.**

Learn more about Community First Health Plans'

EMPOWERING PATHWAYS: Maternal Scholarship Program including how to apply by using this guide.

ABOUT EMPOWERING PATHWAYS: MATERNAL SCHOLARSHIP PROGRAM

EMPOWERING PATHWAYS: Maternal Scholarship Program is an applicant-based scholarship program for Community First Health Plans Members who are currently pregnant.

We believe in the strength and potential of women, mothers, and mothers-to-be. We also understand that education and career training can be expensive and difficult to manage while caring for a family. We are determined to help eliminate any roadblocks on your pathway to a new career, financial stability, and a better future for yourself, your baby, and your family.

The **EMPOWERING PATHWAYS: Maternal Scholarship Program** was created to provide mothers access to

- » Programs, training, and other opportunities to learn and grow while pregnant, and
- » Funding for an education, career training, and the opportunity for a full-time job in the health care industry after your baby arrives.

To ensure that your pathway to a new career is successful, the scholarship program will provide the following resources with the help of our community partners:

- » Funding for a career certificate program in the health care industry
- » Desktop computer or laptop (while supplies last)
- » Guidance, career counseling, and job skills training
- » Interview(s) for a position within your training field for potential full-time employment*

Recipients may also qualify to receive assistance with child care, transportation allowance, and utility assistance while pursuing their studies.

* employment is dependent upon successful certificate program completion

WHO CAN APPLY?

To apply, you must be*

- » A pregnant Community First Health Plans Member at the time of application
- » At least 18 years of age
- » A resident of any City Council District within San Antonio
- » A High School Graduate/GED recipient
- » Able to access the internet

*Other eligibility requirements may apply.

HOW TO APPLY

If you meet the eligibility requirements and you would like to apply, please take the following steps:

1. Complete the **EMPOWERING PATHWAYS: Maternal Scholarship Program** application online at: CommunityFirstHealthPlans.com/Scholarships
2. Request an application be sent to you by calling (210) 358-6055, emailing healthyhelp@cfhp.com, or writing to us at:

Community First Health Plans

Empowering Pathways Scholarship Program (PHM)
12238 Silicon Drive, Suite 100
San Antonio, TX 78249

FIELDS OF STUDY

EMPOWERING PATHWAYS: Maternal Scholarship Program

recipients have the option to choose from 3 career certificate programs, each of which can lead to full-time employment in the health care industry.

- » Acute Care Technician
- » Certified Nursing Assistant
- » Medical Assistant



NEXT STEPS

If you are selected as a scholarship recipient, you will be contacted within **four weeks** after your application is received.

The following are your responsibilities as a scholarship recipient and must be completed **BEFORE** you deliver your baby.

1. Attend a scholarship information session organized by Community First Health Plans and our community partner, Project QUEST.
2. Enroll in Community First's Healthy Expectations Maternity Program.
 - Healthy Expectations is a maternity support program that provides information and resources for expecting moms and their babies.
3. Attend a Healthy Expectations baby shower or complete prenatal education online.
4. Attend virtual financial literacy classes.
5. Complete a parenting class of your choice.
6. Attend ALL recommended prenatal appointments.
 - During your first 28 weeks of pregnancy: 1 prenatal visit every 4 weeks
 - During 28 to 36 weeks: 1 prenatal visit every 2 to 3 weeks (as advised by your doctor)
 - From 36 weeks to delivery: 1 prenatal visit per week



AFTER DELIVERY

Once you've welcomed your new baby, you have so many "firsts" to look forward to. Your baby's first smile. Your baby's first steps. As an **EMPOWERING PATHWAYS: Maternal Scholarship Program** recipient, you also have a few "firsts" of your own to look forward to. Your first day of class. Your first day on the new job. We are excited to be by your side as you experience all of these exciting "firsts" and more!

Here's what to expect in this next step of your scholarship journey.

1. Enroll in the health care certificate program of your choice:
 - **Acute Care Technician:**
A 7-week online program.
 - **Certified Nursing Assistant:**
A 9-week program. Classes will be online. Clinicals/labs may be held in person.
 - **Medical Assistant:**
A 12 or 29-week program. Classes may be held online and/or in person.
2. Attend ALL recommended newborn wellness checkups and receive ALL required newborn immunizations.
 - Attend up to 6 wellness checkup appointments during your baby's first 6 months of life.
 - Find the pediatric immunization schedule here: [CommunityFirstHealthPlans.com/Wellness-Checks](https://www.communityfirsthealthplans.com/Wellness-Checks)
3. Attend your postpartum checkup (can be completed 7 to 84 days after delivery).
4. Upon completion of your certificate program, interview with University Health for a position within your training field for potential full-time employment.
 - Your interview will be scheduled 3-4 weeks prior to graduation.
 - If you meet the requirements set forth in the interview, you will begin your new career approximately 1-2 weeks after graduation.



MORE INFORMATION

Questions? We're here to help. For more information, visit CommunityFirstHealthPlans.com/Scholarships, email healthyhelp@cfhp.com, or call (210) 358-6055.